Our 45 minute bespoke treatments are guaranteed to leave you feeling pampered and relaxed.

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GET GLOWING (THERAPIST FAVOURITE)

This antiaging power house treatment will leave your skin visibly lifted, feeling firmer, looking brighter and with a reduced appearance of fine lines and wrinkles. While our firming mask works its magic you'll also be treated to an exfoliating foot and leg massage, and an indulgent shoulder, scalp and facial massage, to leave you feeling 10 years younger, from top to toe.

SIGNATURE FACIAL

A bespoke facial designed to suit your skin type and relaxation needs. Your therapist will tailor this beautiful facial from start to finish, to thoroughly cleanse, hydrate, balance and calm the skin and mind. Including a therapeutic face and scalp massage to leave you feeling totally relaxed.

BRUSH WITH HEAVEN*

Imagine the sensation of being brushed top-to-toe! This unique treatment revives, relaxes and drains toxins. Your skin is cocooned in a rich warm body oil, whilst your face gets an equally heavenly treat. The entire treatment is carried out with brushes, whilst you doze!

A LITTLE BIT OF EVERYTHING*

Following an invigorating exfoliation, a warm purifying mud is smoothed all over your back for a powerful and deeply cleansing and hydrating treatment. Whilst the mask is working its magic enjoy a detoxifying foot massage. Warm mitts are then used to remove the mask before a stimulating back, neck and shoulder massage is performed, leaving you energised, relaxed and detoxed.



FULL BODY EXFOLIATION*

The perfect treatment to feel as good as new. This moisturising exfoliation will help to refresh and renew your skin from top to toe.

SIGNATURE MASSAGE**

Whether you are looking for a tension relieving massage, a gentle relaxing massage or an invigorating refreshing massage, your therapist will tailor both the oil and the areas of focus for your massage - So you are assured to feel blissfully balanced. This 45 minute treatment can be focused solely on the back, neck and shoulders, or can be tailored to include the legs or scalp if you wish, to ensure a totally personalised massage.

SIGNATURE MANICURE OR PEDICURE

A brightening exfoliation followed by a tension relieving massage. Cuticles are then tidied and nails shaped, followed by a Jessica treatment base coat and polish.

Not Suitable during pregnancy

Can be adapted for breast feeding or pregnant guests