



## THE DEVONSHIRE SPA

DEVONSHIRE ARMS HOTEL

The temple spa treatments below can be specially adapted for those living with and beyond cancer. Our therapists have specially trained with the Amethyst trust who are SATCC approved (Standards Authority for Touch in Cancer Care ) to deliver treatments that are safe during and after treatment, while ensuring they are beautifully relaxing and indulgent.

These treatments can also be adapted for those with other medical conditions. Please ensure you let us know of any medical conditions at the time of booking so that our team can advise accordingly.

### MY KINDA SKIN <sup>○</sup>

Bespoke prescription facial for your skin type. £75 | 60 Minutes

A totally bespoke facial designed to suit your personal skin type and your concerns. We'll analyse, prescribe and then tailor a gorgeous facial which will deliver amazing results. To begin with your skin will be deeply cleansed and exfoliated followed by our signature Temple Spa face & décolleté massage an application of a bespoke treatment mask and a prescribed moisture treat. Whilst you drift off your treatment is completed with a choice of a tension relieving hand & arm massage or a divine scalp massage. You will feel amazing and your skin will look so, so good!

### POWER BREAKFAST FACIAL <sup>○</sup>

Looking for quick results, need to look your best but don't have much time? This is the one for you. We've taken all the ingredients that you would find in a healthy breakfast like oats, honey and fruit juices, to create this pick me up facial. Includes a deep power-cleanse, nutritious scrub & mask, revitalising face massage and wonderful scalp massage. A taster treat for all skin types!

### AAAHHH! <sup>○</sup>

Leg & foot energiser. Don't you just hate it when your legs & feet beat like drums? This oh-so-good treatment is instant relief for tired, swollen, over worked legs and feet. It begins with skin brushing to help eliminate excess fluids, followed by our Mediterranean Scrub to exfoliate and stimulate circulation. Your legs are then treated to a warm oil massage that will leave you tingling and feeling lighter. The treatment is completed with invigorating rub of our cooling and soothing balm AAAHHH! Followed with a skin treating sweep across the feet with the Award Winning SOLE BALM. You really will say "AAAHHH!"

### DRIFT AWAY <sup>○</sup>

Relaxing full body massage. £85 | 60 Minutes    £120 | 90 Minutes

This deeply relaxing top-to-toe massage, formulated with a dreamy blend of Mediterranean essential oils including Frankincense, Lavender and Patchouli, is guaranteed to have you drifting away. Upgrade your experience to 90 minutes to include a signature face and scalp massage using our aromatherapy resting cream REPOSE. This is the perfect treatment to soothe and calm frazzled nerves and wind down an active mind; tension and stress simply melts away zzzzzzz!!!!\*

\* Not suitable during pregnancy.

○ These treatments can be adapted for those living with or beyond cancer, and those who may be classed as medically frail. These treatments will be carried out by a specially trained therapist. Some medical conditions may prevent treatment, please enquire at the time of booking.