



DEVONSHIRE SELECT FACIALS

MY KINDA SKIN ^o

Bespoke prescription facial for your skin type. £75 | 60 Minutes

A totally bespoke facial designed to suit your personal skin type and your concerns. We'll analyse, prescribe and then tailor a gorgeous facial which will deliver amazing results. To begin with your skin will be deeply cleansed and exfoliated followed by our signature Temple Spa face & décolleté massage an application of a bespoke treatment mask and a prescribed moisture treat. Whilst you drift off your treatment is completed with a choice of a tension relieving hand & arm massage or a divine scalp massage. You will feel amazing and your skin will look so, so good!

ALL ABOUT THE GLOW

Vitamin C radiance facial workout. £85 | 60 Minutes

This advanced, skin transforming facial turns up your glow with instant and visible results for firmer feeling and brighter, healthy-looking skin. Your complexion is transformed thanks to the intelligent active ingredients boosted by vitamin C and our glycolic acid complexes. Add our unique skin-lifting massage techniques and the results are even better skin. We like to call it the facial gym power hour.

PURIFICATION

A deeply cleansing and relaxing facial, perfect for oily, congested and blemished skin. £75 | 60 Minutes

The perfect facial to spring-clean your face. This glorious treatment begins with an effective brush cleanse, followed by a stimulating and detoxifying face massage. Your skin is then exfoliated and a layer of Purification Mud Mask is applied to vacuum out congested and blocked pores, rebalance and re-mineralise whilst you take it easy and enjoy a deeply relaxing scalp massage. Your complexion is left looking brighter, clearer and full of vitality.

MEDITERRANEAN MARINADE

A calming facial for sensitive or delicate skin. £75 | 60 Minutes

A de-sensitising and ultra-soothing facial packed with fresh ingredients, Mediterranean essential oils and vitamin boosters. Designed to soothe, calm and de-stress a sensitive and stressed skin. Following a deep, yet tender cleanse your skin is gently exfoliated followed by our signature relaxing face massage finishing and an application of a unique Temple Spa marinade mask. A truly soothing and calming facial to restore your skin's natural equilibrium, radiance and glow.

* Not suitable during pregnancy.

^o These treatments can be adapted for those living with or beyond cancer, and those who may be classed as medically frail. These treatments will be carried out by a specially trained therapist. Some medical conditions may prevent treatment, please enquire at the time of booking.



DEVONSHIRE SELECT FACIALS

GO GUY – THE MALE EXECUTIVE TREATMENT

Men's facial for all skin types. £75 | 60 Minutes

This high-performance men's facial is perfect to revive, refresh and invigorate. Your skin will be revitalised and energised with a deep brush cleanse, followed by a targeted face & shoulder massage. Skin is then treated to a deep exfoliation and an application of a bespoke face mask. Finally choose from a detoxifying foot massage or stress relieving scalp massage to melt away the final traces of tension and stress. Skin is left smoother, softer and hydrated and you ready to face the world.

LIGHT RELIEF

CBD Skin booster facial. £110 | 75 Minutes

Feeling and looking stressed out? Our LIGHT RELIEF CBD skin booster facial is the perfect remedy. This anti-inflammatory treatment brings comfort to fragile and dehydrated skin whilst soothing mind, body, and soul. Starting with a calming face massage and eye treatment and followed with a hot oil scalp massage, plus a hand & arm massage using warmed White Jade WaveStones, rest assured you'll leave radiant, glowing and feeling totally chilled out.

* Not suitable during pregnancy.

○ These treatments can be adapted for those living with or beyond cancer, and those who may be classed as medically frail. These treatments will be carried out by a specially trained therapist. Some medical conditions may prevent treatment, please enquire at the time of booking.



AGE DEFYING

REPOSE AROMATHERAPY FACIAL

Relaxing, indulgent facial for all skin types. £110 | 75 Minutes

This indulgent aromatherapy facial is infused with a Mediterranean blend of 40 essential oils which will soothe, calm and hydrate your skin whilst having a relaxing action on the mind and body so you can switch off and recharge. This divine treatment concentrates on releasing tension and stress caused by day to day living with a Temple Spa signature face, eye, scalp and hand & arm massage experience.

There's nothing like stress for ageing the skin and there's nothing like relaxation for smoothing it. Pure Bliss!

THE TOTALLY QUENCHED & DRENCHED

Rehydrating facial for thirsty skin. £110 | 75 Minutes

This facial is the ultimate in anti-ageing. This lavish experience is a must for a dehydrated, dull or devitalised skin, leaving your skin looking radiant & fresh. We combine powerful ingredients and techniques to help fight the ageing process and loss of elasticity in the skin. This divine facial includes a signature face and décolleté massage including a specialised eye massage to stimulate circulation and muscle tone. Skin is then exfoliated and treated to a double layer hydrating and cooling cryogenic mask including an application of the award-winning Temple Spa Quench Hydrating Mask.

The results are outstanding; skin looks plumper, firmer, hydrated, visibly smoother and wonderfully soft. You could call it a facial iron.

CHAMPAGNE & TRUFFLES DELUXE TREATMENT

The crème de la crème of facials. £125 | 90 Minutes

This stunning treatment is just the thing if you are looking for a serious celebration for your skin. This super luxe facial includes an anti-ageing lifting and sculpting face massage, resurfacing peel, a hydrating and brightening alginate mask to iron out fine lines and wrinkles, cold stone therapy to reduce puffiness and finished with an application of the multiple Award-Winning SKIN TRUFFLE. Your skin will be visibly plumper, firmer, radiant and glowing. And if all that's not enough you'll be treated to a shoulder & neck massage using warm stones. Simply irresistible results. You will receive a flute of bubbly and a delicious handmade truffle as you admire your new complexion!

* Not suitable during pregnancy.

○ These treatments can be adapted for those living with or beyond cancer; and those who may be classed as medically frail. These treatments will be carried out by a specially trained therapist. Some medical conditions may prevent treatment, please enquire at the time of booking.



MEDITERRANEAN MESSAGES

DRIFT AWAY [○]

Relaxing full body massage. £85 | 60 Minutes £120 | 90 Minutes

This deeply relaxing top-to-toe massage, formulated with a dreamy blend of Mediterranean essential oils including Frankincense, Lavender and Patchouli, is guaranteed to have you drifting away. Upgrade your experience to 90 minutes to include a signature face and scalp massage using our aromatherapy resting cream REPOSE. This is the perfect treatment to soothe and calm frazzled nerves and wind down an active mind; tension and stress simply melts away *zzzzzzzz!!!!**

WORK IT OUT

Detoxing / muscle workout massage. £85 | 60 Minutes - £120 | 90 Minutes

A detoxifying, deep tissue massage that relieves fluid retention and works out tired, aching muscles. Using the ingenious WORK IT OUT detox massage oil including essential oils of Juniper, Lavender and Cypress. We begin with full body brushing to stimulate the circulation to improve lymph drainage. Then we perform a deep tissue, body boosting massage with muscle-fitness techniques and movements to really give your muscles a work out - working on knots, tensions and tightness to help the detox process.*

STRESS NOT

CBD Massage. £85 | 60 Minutes - £120 | 90 Minutes

This calming and anti-inflammatory massage targets muscle pain and melts away tension using the power of warmed White Jade WaveStones leaving you feeling inexplicably relaxed and soothed from top-to-toe. Our CBD balm STRESS NOT naturally eases muscle stiffness and calms busy minds... giving you a moment of blissful respite.

Upgrade your experience to 90 minutes to include a signature face and scalp massage using our CBD skin booster facial oil LIGHT RELIEF.

ROCKS OF THE MEDITERRANEAN

Hot stones massage. £85 | 60 Minutes

This popular Thermal Stone massage is a glorious treatment using warm basalt stones to massage the body from head-to-toe. This wonderfully, warming treatment works on energy points located throughout the body to rebalance and harmonise. The muscles are relaxed and rejuvenated in a sensation totally unique to hot stone massage. This all-encompassing treatment is an experience you just have to have at least once in your life. Simply heavenly!*

* Not suitable during pregnancy.

○ These treatments can be adapted for those living with or beyond cancer, and those who may be classed as medically frail. These treatments will be carried out by a specially trained therapist. Some medical conditions may prevent treatment, please enquire at the time of booking.



NEW BEGINNINGS

Mummy to be massage. £85 | 60 Minutes

Pregnancy is a most wonderful time that requires treatments specially designed for you. You will enjoy a full body massage, without the need to lie on your tummy. Our specially trained therapists know exactly how to work those sore, tired and aching muscles while you feel completely comfortable and relaxed. The treatment is complete with a face and scalp massage leaving your skin feeling baby soft all over. You never know, your little bambino might enjoy the sense of calm too! Suitable between the 12th week and the 34th week of pregnancy.

All 60 minute massages are available as a couples massage, subject to availability.

* Not suitable during pregnancy.

○ These treatments can be adapted for those living with or beyond cancer, and those who may be classed as medically frail. These treatments will be carried out by a specially trained therapist. Some medical conditions may prevent treatment, please enquire at the time of booking.



BODY SCRUBS, WRAPS & INFUSIONS

I'LL BE BACK

A facial for the back. £65 | 45 Minutes

Following an invigorating exfoliation with our Mediterranean SUGAR BUFF scrub, a warm purifying mud is smoothed all over your back for a powerful and deeply cleansing and hydrating treatment. Whilst the mask is working its magic enjoy a detoxifying foot massage. Luxurious warm mitts are used to remove the mask before a stimulating back, neck and shoulder massage is performed, leaving you energised, relaxed and with a back to be proud of*.

THE OUTER GLOW

Face & body exfoliation. £65 | 45 Minutes

What a treat! Top-to-toe buffing and polishing. Using our unique, Award Winning Mediterranean SUGAR BUFF Scrub, we exfoliate and polish your body and gently buff away dead skin cells on your face with the BREAKFAST SMOOTHIE. This invigorating and refreshing all over treatment leaves the skin soft as silk, revitalised and hydrated. The perfect way to begin another body treatment and an absolute must before your holiday or a special event. Off you glow!*

RASUL CHAMBER EXPERIENCE

Nourishing mud treatment. £35pp | 30 Minutes Minimum two people per experience.

We provide you with three Muds for Face, Body & Hair containing a complex of vitamins, minerals and plant extract to nourish the skin and promote healthy cell renewal and protect against free radicals. Begin the treatment by applying the mud to yourself or each other then take a seat in the Rasul and relax whilst the steam infuses the vitamins and minerals from the mud in to your skin and hair. After 25minutes the lights will change to indicate the showers are about to come on and you simply wash away the mud leaving the hair and skin totally nourished and rejuvenated. To complete the treatment enter our Caribbean experience shower leaving you feeling refreshed and totally pampered*.

* Not suitable during pregnancy.

○ These treatments can be adapted for those living with or beyond cancer, and those who may be classed as medically frail. These treatments will be carried out by a specially trained therapist. Some medical conditions may prevent treatment, please enquire at the time of booking.



HEAD-TO-TOE SPA AFFAIRS

MY KINDA MOOD

A prescriptive facial & massage bespoke to you. £140 | 120 Minutes

Not sure how to spend the next couple of hours? Firstly, we'll chat about how you are feeling - skin, body & soul - and let you smell the different aromas to match your mood. Then we'll take care of you with a wonderfully relaxing and restorative full body massage, followed by an indulgent prescription facial. We will select the products and techniques perfect for your wants and needs. You will look, feel and smell oh so good.

THE MEDITERRANEAN MINI BREAK

The fully loaded skin-luxe facial & body duo. £110 | 90 Minutes

Packed with delicious ingredients, this double deluxe all over treatment will leave you looking and feeling like you've had a mini break. Your mind will escape as your body is polished and nourished with the iconic Mediterranean SUGAR BUFF scrub, prior to being cocooned in an aromatic infusion of our Aromatherapy body oil IN GOOD SPIRITS to soften and hydrate. Your mini break continues with a rejuvenating facial to brighten, soften and hydrate. The results .? A totally relaxed skin, head to toe*.

YUMMY MUMMY TO BE

Everything a mother to be should have to make her feel healthy, gorgeous and pampered. £190 | 150 Minutes

A thoroughly pampering experience designed to give our expectant mummies-to-be a real luxurious treat. We begin with a soothing and relaxing body massage concentrating on areas of concern, followed by a delicious facial packed with wonderful natural ingredients leaving your skin glowing. Finally, your legs will be revitalized with our leg energiser treatment AAAHHH! The perfect treat for swollen ankles and aching limbs. Your therapist will pamper and relax you fully, preparing you for this wonderful new chapter in your life. Suitable between the 12th and 34th week of pregnancy.

A BRUSH WITH HEAVEN

Totally unique face & body treatment using only brushes. £75 | 60 minutes:
£110 | 90 minutes

Imagine the sensation from a sequence of brushes in varying sizes and textures being used from top-to-toe, to massage, stimulate, drain toxins and smooth on delicious preparations to the face and body. Once lavished in rich warm DRIFT AWAY body oil, you will be cocooned, then treated to the exclusive TEMPLESPA facial treatment. A beautiful treatment for frazzled and stressed minds. Carried out entirely with brushes, while you doze. Heaven!*

* Not suitable during pregnancy.

○ These treatments can be adapted for those living with or beyond cancer, and those who may be classed as medically frail. These treatments will be carried out by a specially trained therapist. Some medical conditions may prevent treatment, please enquire at the time of booking.



SIDE ORDERS

Have you ever had a treatment at a spa and thought to yourself, 'I wish I could have a little more'? Well now you can! Here we present a lovely selection of options to add onto your main treatment.

These can be added to any of our facials or body treatments, excluding the Rasul chamber experience

£20 | 15 Minutes

1. Stressed Out?

Enjoy our hot stone neck & shoulder treatment.

2. Head feel heavy and uptight?

You will love our sedating hot oil scalp massage.

3. Love your hands to be pampered?

Select our indulgent hand ritual.

4. Want a spring in your step?

Select our Indulgent foot ritual.

5. Want to look less tired?

Discover our secret eye remedy.

* Not suitable during pregnancy.

○ These treatments can be adapted for those living with or beyond cancer, and those who may be classed as medically frail. These treatments will be carried out by a specially trained therapist. Some medical conditions may prevent treatment, please enquire at the time of booking.



FINISHING TOUCHES

TREATMENT MANICURE

Exfoliation, tension relieving massage, moisturising mask, soak, cuticle work and finish with file, treatment base coat and finishing polish.

£40 | 50 Minutes

FRENCH MANICURE

Exfoliation, tension relieving massage, moisturising mask, soak, cuticle work and finish with file, treatment base coat and finishing polish.

£40 | 50 Minutes

PERFECT PEDICURE

Foot file, exfoliation, tension relieving massage, moisturising mask, cuticle work and finish with file, treatment base coat and finishing polish.

£45 | 50 Minutes

GELERATION MANICURE

Cuticle work, shape, gel application, application of cuticle care, followed by a tension relieving hand and arm massage.

£50 | 50 Minutes

GELERATION PEDICURE

Cuticle work, shape, and gel application. Application of phenomenon oil, foot file and exfoliation using the Jessica Enzyme. Scrub and massage with Jessica Soufflé.

£55 | 50 Minutes

GEL SOAK OFF

Gel removal, buff, file and treatment base coat applied.

£15 | 30 Minutes

Book your next treatment within three weeks and your
Gel Soak Off will be complimentary

* Not suitable during pregnancy.

○ These treatments can be adapted for those living with or beyond cancer, and those who may be classed as medically frail. These treatments will be carried out by a specially trained therapist. Some medical conditions may prevent treatment, please enquire at the time of booking.