



# THE DEVONSHIRE SPA

DEVONSHIRE ARMS HOTEL

## Spa Etiquette

### Arrival:

At time of booking, you will be given an allocated arrival time. Please ensure you arrive promptly at this time so we are able to properly greet you in accordance to social distancing guidelines. On arrival to the spa, please wash your hands at the hand wash station and press the doorbell.

### Spa bookings:

To book in your spa experience please call the team direct on 01756 718142. Please note that full payment is taken at the time of booking. You will be asked to provide an email address for each guest so that we can send you your consultation forms.

### Hygiene:

Please use the hand sanitiser regularly that is placed around the spa. Please do not attend the spa if you, or anyone in your house hold has displayed any symptoms of Covid 19, or tested positive for Covid 19 within the last 14 days.

### Age requirements:

You must be 16 years of age to have any treatment or spa experience.

### Health conditions:

Please advise us of any medical conditions, such as injuries, allergies, pregnancy or anything else that could affect your treatment choices, at the time of booking. To avoid any disappointment, should you be currently under medical attention for any serious health conditions, such as Cancer or heart problems, a doctor's note will need to be provided to the therapist, to confirm that it is safe for you to have a treatment such as a massage with the use of essential oils.

### Pregnancy:

We have a range of treatments that are suitable for expectant and nursing mothers. Please allow the spa team to guide you when selecting which treatments are best for you during this special time. Unfortunately we do have to limit the treatment choices during the first 12 weeks of pregnancy.

## What to bring:

We provide you with your towel, robe and flip flops. We also have temple spa Shampoo, shower gel and conditioner in the showers and Temple spa moisturisers in all changing cubicles. Please bring with you your own swimwear, however if you do forget we do have some for sale. Please remember any hair or makeup products needed. Hair dryers and straighteners are provided, however we don't have any power sockets for your own styling tools. Wet kit bags are also provided.

## Spa Etiquette:

The spa environment is one of tranquillity and relaxation. Please respect other guests' rights to privacy and serenity and do not use mobile phones within the spa. They may be used in the lounge while on silent. Smoking is prohibited throughout the spa.

## Photographs:

Photos cannot be taken in any of the wet or changing areas to protect the privacy of other guests.

## Treatment times:

We respectfully request that you take a seat in the spa lounge 5 minutes before the time of your treatment.

## Spa at home:

All of the products used in your treatments are available to purchase, so you can experience the spa luxury at home. Please ask a member of staff if you would like advice.