



DEVONSHIRE SELECT FACIALS

MY KINDA SKIN

Bespoke prescription facial for your skin type. **£70 | 60 Minutes**

A totally bespoke facial designed to suit your personal skin type and your concerns. We'll analyse, prescribe and then tailor a gorgeous facial which will deliver amazing results. To begin with your skin will be deeply cleansed and exfoliated followed by our signature Temple Spa face & décolleté massage an application of a bespoke treatment mask and a prescribed moisture treat. Whilst you drift off your treatment is completed with a choice of a tension relieving hand & arm massage or a divine scalp massage. You will feel amazing and your skin will look so, so good!

PURIFICATION

A deeply cleansing and relaxing facial, perfect for oily, congested and blemished skin. **£70 | 60 Minutes**

The perfect facial to spring-clean your face. This glorious treatment begins with an effective brush cleanse, followed by a stimulating and detoxifying face massage. Your skin is then exfoliated and a layer of Purification Mud Mask is applied to vacuum out congested and blocked pores, rebalance and re-mineralise whilst you take it easy and enjoy a deeply relaxing scalp massage. Your complexion is left looking brighter, clearer and full of vitality.

MEDITERRANEAN MARINADE

A calming facial for sensitive or delicate skin. **£70 | 60 Minutes**

A de-sensitising and ultra-soothing facial packed with fresh ingredients, Mediterranean essential oils and vitamin boosters. Designed to soothe, calm and de-stress a sensitive and stressed skin. Following a deep, yet tender cleanse your skin is gently exfoliated followed by our signature relaxing face massage finishing and an application of a unique Temple Spa marinade mask. A truly soothing and calming facial to restore your skin's natural equilibrium, radiance and glow.

GO GUY – THE MALE EXECUTIVE TREATMENT

Men's facial for all skin types. **£70 | 60 Minutes**

This high-performance men's facial is perfect to revive, refresh and invigorate. Your skin will be revitalised and energised with a deep brush cleanse, followed by a targeted face & shoulder massage. Skin is then treated to a deep exfoliation and an application of a bespoke face mask. Finally choose from a detoxifying foot massage or stress relieving scalp massage to melt away the final traces of tension and stress. Skin is left smoother, softer and hydrated and you ready to face the world.

AGE DEFYING

REPOSE AROMATHERAPY FACIAL

Relaxing, indulgent facial for all skin types. **£105 | 75 Minutes**

This indulgent aromatherapy facial is infused with a Mediterranean blend of 40 essential oils which will soothe, calm and hydrate your skin whilst having a relaxing action on the mind and body so you can switch off and recharge. This divine treatment concentrates on releasing tension and stress caused by day to day living with a Temple Spa signature face, eye, scalp and hand & arm massage experience.

There's nothing like stress for ageing the skin and there's nothing like relaxation for smoothing it. Pure Bliss!

THE TOTALLY QUENCHED & DRENCHED

Rehydrating facial for thirsty skin. **£105 | 75 Minutes**

This facial is the ultimate in anti-ageing. This lavish experience is a must for a dehydrated, dull or devitalised skin, leaving your skin looking radiant & fresh. We combine powerful ingredients and techniques to help fight the ageing process and loss of elasticity in the skin. This divine facial includes a signature face and décolleté massage including a specialised eye massage to stimulate circulation and muscle tone. Skin is then exfoliated and treated to a double layer hydrating and cooling cryogenic mask including an application of the award-winning Temple Spa Quench Hydrating Mask.

The results are outstanding; skin looks plumper, firmer, hydrated, visibly smoother and wonderfully soft. You could call it a facial iron.

CHAMPAGNE & TRUFFLES DELUXE TREATMENT

The crème de la crème of facials. **£120 | 90 Minutes**

This stunning treatment is just the thing if you are looking for a serious celebration for your skin. This super luxe facial includes an anti-ageing lifting and sculpting face massage, resurfacing peel, a hydrating and brightening alginate mask to iron out fine lines and wrinkles, cold stone therapy to reduce puffiness and finished with an application of the multiple Award-Winning SKIN TRUFFLE. Your skin will be visibly plumper, firmer, radiant and glowing. And if all that's not enough you'll be treated to a shoulder & neck massage using warm stones. Simply irresistible results. You will receive a flute of bubbly and a delicious handmade truffle as you admire your new complexion!



MEDITERRANEAN MESSAGES

DRIFT AWAY

Relaxing full body massage. **£80 | 60 Minutes** **£110 | 90 Minutes**

This deeply relaxing top-to-toe massage, formulated with a dreamy blend of Mediterranean essential oils including Frankincense, Lavender and Patchouli, is guaranteed to have you drifting away. Upgrade your experience to 90 minutes to include a signature face and scalp massage using our aromatherapy resting cream REPOSE. This is the perfect treatment to soothe and calm frazzled nerves and wind down an active mind; tension and stress simply melts away.....ZZZZZZ!!!!*

WORK IT OUT

Detoxing / muscle workout massage. **£80 | 60 Minutes - £110 | 90 Minutes**

A detoxifying, deep tissue massage that relieves fluid retention and works out tired, aching muscles. Using the ingenious WORK IT OUT detox massage oil including essential oils of Juniper, Lavender and Cypress. We begin with full body brushing to stimulate the circulation to improve lymph drainage. Then we perform a deep tissue, body boosting massage with muscle-fitness techniques and movements to really give your muscles a work out - working on knots, tensions and tightness to help the detox process.*

ROCKS OF THE MEDITERRANEAN

Hot stones massage. **£85 | 75 Minutes**

This popular Thermal Stone massage is a glorious treatment using warm basalt stones to massage the body from head-to-toe. This wonderfully, warming treatment works on energy points located throughout the body to rebalance and harmonise. The muscles are relaxed and rejuvenated in a sensation totally unique to hot stone massage. This all-encompassing treatment is an experience you just have to have at least once in your life. Simply heavenly!*

NEW BEGINNINGS

Mummy to be massage. **£80 | 60 Minutes**

Pregnancy is a most wonderful time that requires treatments specially designed for you. You will enjoy a full body massage, without the need to lie on your tummy. Our specially trained therapists know exactly how to work those sore, tired and aching muscles while you feel completely comfortable and relaxed. The treatment is complete with a face and scalp massage leaving your skin feeling baby soft all over. You never know, your little bambino might enjoy the sense of calm too! Suitable between the 12th week and the 34th week of pregnancy.

*Not suitable during pregnancy.

All 60 minute massages are available as a couples massage, subject to availability.

BODY SCRUBS, WRAPS & INFUSIONS

GO FIGURE

A firming, toning, tightening body detox treatment. **£80 | 60 Minutes**

This is the treatment if you need a bit of help with the wobbly bits! Commencing with body brushing and sloughing movements to stimulate lymphatic flow. Hips, thighs & stomach are then treated to a bespoke Temple Spa detoxifying massage, using targeted techniques to help break down fatty deposits and stimulate collagen and elastin formation in the skin, improving strength and elasticity. You are then enveloped in intensive marine and mineral rich mud wrap to stimulate the metabolism and promote fat burning. Finally, a friction-rub with the Award-Winning GO FIGURE anti-cellulite gel completes the treatment. Skin is left feeling firmer, tighter and invigorated! One treatment is fab, a course of six is amazing*.

I'LL BE BACK

A facial for the back. **£60 | 45 Minutes**

Following an invigorating exfoliation with our Mediterranean SUGAR BUFF scrub, a warm purifying mud is smoothed all over your back for a powerful and deeply cleansing and hydrating treatment. Whilst the mask is working its magic enjoy a detoxifying foot massage. Luxurious warm mitts are used to remove the mask before a stimulating back, neck and shoulder massage is performed, leaving you energised, relaxed and with a back to be proud of*.

THE OUTER GLOW

Face & body exfoliation. **£60 | 45 Minutes**

What a treat! Top-to-toe buffing and polishing. Using our unique, Award Winning Mediterranean SUGAR BUFF Scrub, we exfoliate and polish your body and gently buff away dead skin cells on your face with the BREAKFAST SMOOTHIE. This invigorating and refreshing all over treatment leaves the skin soft as silk, revitalised and hydrated. The perfect way to begin another body treatment and an absolute must before your holiday or a special event. Off you glow!*

RASUL CHAMBER EXPERIENCE

Nourishing mud treatment. **£35pp | 30 Minutes** Minimum two people per experience.

We provide you with three Muds for Face, Body & Hair containing a complex of vitamins, minerals and plant extract to nourish the skin and promote healthy cell renewal and protect against free radicles. Begin the treatment by applying the mud to yourself or each other then take a seat in the Rasul and relax whilst the steam infuses the vitamins and minerals from the mud in to your skin and hair. After 25minutes the lights will change to indicate the showers are about to come on and you simply wash away the mud leaving the hair and skin totally nourished and rejuvenated. To complete the treatment enter our Caribbean experience shower leaving you feeling refreshed and totally pampered*.

*Not suitable during pregnancy.



HEAD-TO-TOE SPA AFFAIRS

THE SERIOUS DETOX

The ultimate detox package. **£185 | 150 Minutes**

If you are serious about detoxing, then this is the one for you. This is the perfect combination to cleanse and detoxify the face and body. We commence with full body exfoliation. The hips, thighs and stomach are treated to a detoxifying massage, using body boosting Mediterranean essential oils and targeted massage techniques, followed by a stimulating marine and mineral rich mud wrap. Whilst all wrapped up you'll enjoy a detox facial to decongest and spring clean your skin. Your boot-camp treatment finishes with a friction rub and application of the Award-Winning GO FIGURE anti-cellulite gel to areas of concern whilst the rest of the body is hydrated and cocooned with a layer of DUVET comforting body cream. You will feel fully rejuvenated and motivated in your quest to get in shape!*

MY KINDA MOOD

A prescriptive facial & massage bespoke to you. **£125 | 120 Minutes**

Not sure how to spend the next couple of hours? Firstly, we'll chat about how you are feeling - skin, body & soul - and let you smell the different aromas to match your mood. Then we'll take care of you with a wonderfully relaxing and restorative full body massage, followed by an indulgent prescription facial. We will select the products and techniques perfect for your wants and needs. You will look, feel and smell oh so good.

THE MEDITERRANEAN MINI BREAK

The fully loaded skin-luxe facial & body duo. **£105 | 90 Minutes**

Packed with delicious ingredients, this double deluxe all over treatment will leave you looking and feeling like you've had a mini break. Your mind will escape as your body is polished and nourished with the iconic Mediterranean SUGAR BUFF scrub, prior to being cocooned in an aromatic infusion of our Aromatherapy body oil IN GOOD SPIRITS to soften and hydrate. Your mini break continues with a rejuvenating facial to brighten, soften and hydrate. The results....? A totally relaxed skin, head to toe*.

YUMMY MUMMY TO BE

Everything a mother to be should have to make her feel healthy, gorgeous and pampered. **£185 | 150 Minutes**

A thoroughly pampering experience designed to give our expectant mummies-to-be a real luxurious treat. We begin with a soothing and relaxing body massage concentrating on areas of concern, followed by a delicious facial packed with wonderful natural ingredients leaving your skin glowing. Finally, your legs will be revitalized with our leg energiser treatment AAAHHH! The perfect treat for swollen ankles and aching limbs. Your therapist will pamper and relax you fully, preparing you for this wonderful new chapter in your life.

*Not suitable during pregnancy.

SIDE ORDERS

Have you ever had a treatment at a spa and thought to yourself, 'I wish I could have a little more'? Well now you can! Here we present a lovely selection of options to add onto your main treatment.

These can be added to any of our facials or body treatments, excluding the Rasul chamber experience

£20 | 15 Minutes

1. Stressed Out?

Enjoy our hot stone neck & shoulder treatment.

2. Head feel heavy and uptight?

You will love our sedating hot oil scalp massage.

3. Love your hands to be pampered?

Select our indulgent hand ritual.

4. Want a spring in your step?

Select our Indulgent foot ritual.

5. Want to look less tired?

Discover our secret eye remedy.



FINISHING TOUCHES

TREATMENT MANICURE

Exfoliation, tension relieving massage, moisturising mask, soak, cuticle work and finish with file, treatment base coat and finishing polish.

£40 | 50 Minutes

FRENCH MANICURE

Exfoliation, tension relieving massage, moisturising mask, soak, cuticle work and finish with file, treatment base coat and finishing polish.

£40 | 50 Minutes

PERFECT PEDICURE

Foot file, exfoliation, tension relieving massage, moisturising mask, cuticle work and finish with file, treatment base coat and finishing polish.

£45 | 50 Minutes

GELERATION MANICURE

Cuticle work, shape, gel application, application of cuticle care, followed by a tension relieving hand and arm massage.

£50 | 50 Minutes

GELERATION PEDICURE

Cuticle work, shape, and gel application. Application of phenomenon oil, foot file and exfoliation using the Jessica Enzyme. Scrub and massage with Jessica Soufflé.

£55 | 50 Minutes

GEL SOAK OFF

Gel removal, buff, file and treatment base coat applied.

£15 | 30 Minutes

**Book your next treatment within three weeks and your
Gel Soak Off will be complimentary**



30 MINUTE TREATMENTS

£45 each

POWER BREAKFAST FACIAL

Looking for quick results, need to look your best but don't have much time? This is the one for you. We've taken all the ingredients that you would find in a healthy breakfast like oats, honey and fruit juices, to create this pick me up facial. Includes a deep power-cleanse, nutritious scrub & mask, revitalising face massage and wonderful scalp massage. A taster treat for all skin types!

WINDOWS OF THE SOUL

Anti-ageing eye treatment. This divine treatment is designed to revitalise and treat the delicate eye area that needs some special attention. A pressure point and specialised eye massage lifts, firms and smoothes followed by the use of Temple Spa unique 'cold therapy' to tighten and tone your eye area. A complete anti-ageing eye treatment to reduce fine lines, wrinkles and dark circles and put the sparkle back into your eyes. A real eye-opening experience!

AAAHHH!

Leg & foot energiser. Don't you just hate it when your legs & feet beat like drums? This oh-so-good treatment is instant relief for tired, swollen, over worked legs and feet. It begins with skin brushing to help eliminate excess fluids, followed by our Mediterranean Scrub to exfoliate and stimulate circulation. Your legs are then treated to a warm oil massage that will leave you tingling and feeling lighter. The treatment is completed with invigorating rub of our cooling and soothing balm AAAHHH! Followed with a skin treating sweep across the feet with the Award Winning SOLE BALM. You really will say "AAAHHH!"

DRIFT AWAY

Relaxing back massage. This deeply relaxing massage, formulated with a dreamy blend of Mediterranean essential oils including Frankincense, Lavender and Patchouli, is guaranteed to have you drifting away. Upgrade your experience to 90 minutes to include a full body massage, signature face and scalp massage using our aromatherapy resting cream REPOSE. This is the perfect treatment to soothe and calm frazzled nerves and wind down an active mind; tension and stress simply melts away.....zzzzzzz!!!!



WORK IT OUT

Detoxing / muscle workout massage. A detoxifying, deep tissue massage that relieves fluid retention and works out tired, aching muscles. Using the ingenious WORK IT OUT detox massage oil including essential oils of Juniper, Lavender and Cypress. We begin with back brushing to stimulate the circulation to improve lymph drainage. Then we perform a deep tissue, boosting back massage with muscle-fitness techniques and movements to really give your muscles a work out – working on knots, tensions and tightness to help the detox process. Detox-licious!

HOT STONE SHOULDER AND BACK MASSAGE

This indulgent thermal Stone massage is a glorious treatment using warm basalt stones to ease away tension and stress in the neck and shoulders. The muscles are relaxed and rejuvenated in a sensation totally unique to hot stone massage. This all-encompassing treatment is an experience you just have to have at least once in your life. Simply heavenly!

JESSICA EXPRESS MANICURE (gel not included)

Cuticle work, buff, file and Jessica Polish.

JESSICA EXPRESS PEDICURE (gel not included)

Cuticle work, buff, file and Jessica Polish.

TREATMENTS FOR THOSE WITH AND BEYOND CANCER



JENNIFER YOUNG
As Unique as You

Visiting a spa should be a time of complete indulgence for everyone. The Jennifer Young spa range offers a selection of indulgent, gentle and relaxing treatments, developed especially for those living with and beyond cancer; and are ideal for the most sensitive skins.

A donation of £1 will be given to McMillian cancer support for every Jennifer Young treatment booked at The Devonshire Spa.

GLOWING FACIAL

£45 | 30 Minutes £70 | 60 Minutes

This relaxing facial is blissfully adapted to bring the glow of health and harmony to your skin. Soothing massage techniques help you to drift to a place of rest and relaxation, leaving your skin with a glowing radiance. Your specialist therapist extends the treatment to include the scalp, making the experience even more indulgent.

INDULGENT MASSAGE

£45 | 30 Minutes £80 | 60 Minutes

A bespoke massage carefully adapted by your specialist therapist to suit your individual needs. Using 100% natural and organic oils this treatment is ideal for the most sensitive skins. Let the power of touch bring harmony and well-being. You will be left feeling deeply relaxed.

BALANCED BODY AND MIND

£85 | 60 Minutes

A bespoke massage carefully adapted by your therapist to suit your individual needs. The experience starts with identifying the chakra to be balanced during this indulgent and soothing full body treatment. Using 100% natural and organic oils blended for their affinity with the chakra energy centres, this treatment is ideal for even the most sensitive skins. Let the power of specialist touch, the energy of the crystals and the therapeutic benefits of essential oils bring balance, harmony and wellbeing. You will be left feeling deeply relaxed. The experience is extended to include the scalp ensuring that your massage brings total release.

TOP TO TOE EXPERIENCE

£105 | 90 Minutes

This top to toe experience includes a gentle full body massage followed by a deeply relaxing facial. Your specialist therapist uses 100% natural and organic products, extending the experience to include the scalp for total body and mind relaxation. A beautiful treatment for pure escapism.

SPECIALIST MANICURE

£45 | 55 Minutes

Luxurious peach kernel oil and macadamia oil combine with the specialist knowledge of your therapist to give a healing and relaxing manicure. This treatment is designed for damaged nails and sensitive skin. Your specialist therapist will bring your nails back to a new level. This nourishing and moisturising manicure is finished with an application of your favourite colour. You can also get expert advice on how to improve the condition of your nails.

NAIL BEAUTIFUL PEDICURE

£45 | 55 Minutes

Our soothing and nourishing foot balm is massaged into your feet whilst our 100% natural and organic nail oil works its magic into your nails. Finish off with a colour of your choice and enjoy recognising your feet! Your specialist therapist will provide expert advice on how best to look after your feet and nails following your treatment.



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As Unique as You